



UnitedHealthcare Pharmacy
Clinical Pharmacy Programs

Program Number	2018 P 3056-5
Program	Step Therapy - Statins
Medication	Lescol XL* (brand and generic fluvastatin extended-release), Livalo* (pitavastatin calcium), Zypitamag* (pitavastatin magnesium)
P&T Approval Date	7/2015, 7/2016, 9/2017, 10/2018
Effective Date	2/1/2019; Oxford only: 2/1/2019

1. Background:

Step Therapy programs are utilized to encourage the use of lower cost alternatives for certain therapeutic classes. This program requires a member to try three alternative statin medications before providing coverage for Lescol XL, Livalo, or Zypitamag.

2. Coverage Criteria ^a:

<p>A. Lescol XL (fluvastatin extended-release)*, Livalo (pitavastatin calcium)*, or Zypitamag (pitavastatin magnesium)* will be approved based on the following criterion:</p> <p>1. History of failure, contraindication or intolerance to three of the following:</p> <ul style="list-style-type: none">a. atorvastatin (generic Lipitor)b. fluvastatin (generic Lescol)c. lovastatin (generic Mevacor)d. pravastatin (generic Pravachol)e. rosuvastatin (generic Crestor)f. simvastatin (generic Zocor) <p>Authorization will be issued for 12 months</p> <p>^a State mandates may apply. Any federal regulatory requirements and the member specific benefit plan coverage may also impact coverage criteria. Other policies and utilization management programs may apply.</p>

*Brand Lescol XL, Livalo, and Zypitamag may be excluded from coverage depending on benefit design. More coverage information is available on Link through PreCheck MyScript.

3. Additional Clinical Rules:

- Supply limits may apply

4. References:

1. Lescol XL prescribing information. Novartis Pharmaceutical Corporation. East Hanover, NJ. August 2017.
2. Livalo prescribing information. Kowa Pharmaceuticals America, Inc. Montgomery, AL. November 2016.
3. Zypitamag prescribing information. Medicure. Somerset, NJ. July 2018.

Program	Step Therapy – Statins
Change Control	
Date	Change
7/2015	New program.
7/2016	Added rosuvastatin to list of step one medications. Changed authorization to 12 months. Removed comment in background that claims will automatically process based on claims history. Added Indiana and West Virginia coverage information.
11/2016	Administrative change. Added California coverage information.
9/2017	Updated Livalo to note it is typically excluded. References and state mandate reference language updates.
10/2018	Added Zypitamag to program. Updated references.