



UnitedHealthcare Approved Professional Society Guidelines

UnitedHealthcare Community Plan has identified evidence-based clinical guidelines to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate our collaboration and promote better health, improve health outcomes and lower overall costs to offer our members an exceptional patient experience.

If you have any questions, please contact your Physician Advocate or refer to the member’s identification card. Thank you.

| Topic | Guideline Title | Organization Name |
|---|---|--|
| Acute Myocardial Infarction with ST Elevation | 2013 ACC/AHA Guideline for the Management of ST- Elevation Myocardial Infarction | American College of Cardiology/American Heart Association |
| | 2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients With ST-Elevation Myocardial Infarction | American College of Cardiology/ American Heart Association/ Society for Cardiovascular Angiography and Interventions |
| Acute Myocardial Infarction without ST Elevation | 2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes | American Heart Association/ American College of Cardiology |
| Asthma | 2020 Global Initiative for Asthma (GINA) | Global Initiative for Asthma (GINA) |
| Atrial Fibrillation | 2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation | American Heart Association/ American College of Cardiology/ Heart Rhythm Society |

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| Atrial Fibrillation | 2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation | American Heart Association/ American College of Cardiology/ Heart Rhythm Society |
| Attention-Deficit/ Hyperactivity Disorder (ADHD) | 2019 Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents | American Academy of Pediatrics |
| Behavioral Health Clinical Practice Guidelines | American Psychiatric Association (APA) Pharmacological Treatment of Patients With Alcohol Use Disorder (2018) Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016) Psychiatric Evaluation of Adults (2015) | American Psychiatric Association |
| | American Academy of Child & Adolescent Psychiatry (AACAP) Autism (2014) Eating Disorders (2015) Reactive Attachment Disorders (2016) | American Academy of Child & Adolescent Psychiatry |
| | U.S. Department of Veterans Affairs Assessment and Management of Patients at Risk for Suicide (2019) Major Depressive Disorder (2016) Posttraumatic Stress Disorder (2017) Substance Use Disorder (2015) | U.S. Department of Veterans Affairs |

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|---|---|--|
| Cardiovascular Disease: Lifestyle Management to Reduce Cardiovascular Risk | 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk | American Heart Association/ American College of Cardiology |
| Cardiovascular Disease: Primary Prevention | 2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease | American College of Cardiology/ American Heart Association |
| Cervical Cancer Screening | 2018 Cervical Cancer: Screening – Final Recommendation Statement | U.S. Preventive Services Task Force (USPSTF) |
| Cholesterol Management | 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol | American Heart Association/ American College of Cardiology et al. |
| Chronic Obstructive Lung Disease (COPD) | 2020 Global Strategy for the Diagnosis, Management and Prevention of COPD | Global Initiative for Chronic Obstructive Lung Disease (GOLD) |
| Dementia | Treatment of Patients with Alzheimer’s Disease and Other Dementias, 2nd edition (2007) | American Psychiatric Association |
| | Guideline Watch (October 2014) | |
| Diabetes | 2020 Standards of Medical Care in Diabetes | American Diabetes Association |
| Dietary Guidelines | Dietary Guidelines for Americans, 2015-2020, Eighth Edition | U.S. Department of Health and Human Services |
| Heart Failure | 2013 ACC/AHA Guideline for the Management of Heart Failure | American College of Cardiology/ American Heart Association |

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|---|--|--|
| | 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure | American College of Cardiology/ American Heart Association/ Heart Failure Society of America |
| | 2017 ACC/AHA/HFSA Focused Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure | American College of Cardiology/ American Heart Association/ Heart Failure Society of America |
| Hemophilia | Guidelines for the Management of Hemophilia, 2nd edition (2012) Updates to the Guidelines for the Management of Hemophilia This document tracks changes made since the guidelines were first published in July 2012. | World Federation of Hemophilia |
| Human Immunodeficiency Virus (HIV) | AIDS Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV AIDS Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV | U.S. Department of Health and Human Services/HIV Medical Association of the Infectious Diseases Society of America |
| Hypertension | 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults | American College of Cardiology/ American Heart Association et al. |
| Kidney Disease | National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ | National Kidney Foundation |
| Obesity | 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults | American Heart Association/ American College of Cardiology/ The Obesity Society |

| Topic | Guideline Title | Organization Name |
|---|--|--|
| | Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents Promoting Healthy Weight – p. 151 | American Academy of Pediatrics |
| Perinatal Care | Guidelines for Perinatal Care, 8th edition, 2017 To be posted on the C&S portal only. | American Academy of Pediatrics and American College of Obstetricians and Gynecologists Approval requested by Community and State for all customers. Note: A user ID and password are required to access this resource. Log in ID: cpgacog@uhc.com Password: Acogcpg#1 Alternatively, the book can be purchased from the American Academy of Pediatrics website. To be posted on the C&S portal only. |
| | Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines To be posted on the C&S portal only. | Guidelines are searchable by topic |
| Physical Activity | 2018 Physical Activity Guidelines for Americans, 2nd edition | U.S. Department of Health and Human Services |
| Preventive Pediatric Health Care Screening | 2020 Recommendations for Preventive Pediatric Health Care | American Academy of Pediatrics/Bright Futures |

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|--------------------------------------|---|--|
| Preventive Services | Recommendations for Primary Care Practice | U.S. Preventive Services Task Force (USPSTF) |
| Sepsis | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3) | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis- 3) |
| | Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2016 | Surviving Sepsis Campaign/ Society of Critical Care Medicine |
| Sickle Cell Disease | Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014 | National Heart, Lung and Blood Institute |
| Stable Ischemic Heart Disease | 2012 Guideline for the Diagnosis of Heart Disease | American College of Cardiology/ American Heart Association et al. |
| | 2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease | |
| Tobacco Use | 2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment | American College of Cardiology |
| Violence and Abuse | 2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse | American Medical Association Note: Full guideline is freely available, but registration may be required. |